

ABSTRACT

This descriptive research study aimed to draw a profile of college students in terms of their socio-demographic characteristics, and to identify their challenges encounter including the coping mechanism they employed in dealing with modular distances learning modality. It involved 313 college students in Capiz State University Pilar Satellite College during 1st sem. 2022-2023 chosen using multi-stage sampling. A researcher-made questionnaire was used in collecting data from the respondents. Mean, frequency and percentage were the statistical tools used to analyze the data gathered.

The finding of this revealed that the majority of the respondents were female and reached legal age, with mothers who were house keepers and fathers who were farmers.

Finding further revealed that majority of the respondent's encountered challenges on modular distance learning such as too many activities in the learning modules, Delay of internet connections and distraction of social media such as Facebook, Messenger, Tiktok and YouTube. However, majority of the respondents establish coping strategies to combat there challenges which include I pray or mediate to calm my mind and I use internet, watching tv listening to music to relax.