

ABSTRACT

This study was conducted among 153 student-athletes of the CapSU Burias Campus, CapSu Mambusao Satellite College and CapSU Main Campus during the second semester of the school year 2018-2019 to determine the level of motivation and time management in relation to the academic performance of the student athletes of CapSU. Specifically, this study sought to answer to the following questions: what is the profile of the respondents in terms of sex, age, course, educational attainment of parents and family income; what is the level of motivation of the respondents to participate in sports as a whole and when grouped according to selected variables; what is the level of time management of the respondents as a whole and when grouped according to selected variables; what is the academic performance of the respondents and is there a significant relationship in the motivation. time management and academic performance of student-athletes.

The questionnaire was used to elicit responses from the respondents. Data were tabulated analyzed using frequency distribution, percentage and mean and inferential statistics, such as Pearson Correlation were used to analyze quantitative data.

Results revealed that there were more female student-athletes; aged 19-20 years, more were enrolled in Bachelor of Secondary Education and Bachelor of Science in Business Administration; more student-athletes had mothers who were college level and fathers who were high school graduates; and majority had family monthly income of Php10, 000 and below.

The student-athletes claimed to have “Highly Motivated” in level of motivation as a whole and have “Highly Motivated” in level of motivation when grouped according to selected variables (age, sex, course, educational attainment of parents, and family monthly income).

The student-athletes assessed themselves to have “Moderately Managed” in level of time management as a whole and have “Moderately Managed” in level of time management when grouped according to selected variables such as age, sex, course, educational attainment of parents, and family monthly income.

The student-athletes were found to have “satisfactory” performance as indicated by their grade point average during academic year 2017-2018.

The level of motivation was significantly influenced by the level of time management of the respondents.